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**THE SPA AT THE POST OAK HOTEL AT UPTOWN HOUSTON RECEIVES
FORBES FIVE STAR RATING**

Recognized as Texas' Only Forbes Five Star Rated Spa

HOUSTON, TX (March 25, 2019) – Within three months of opening, The Spa at The Post Oak Hotel at Uptown Houston has received the prestigious Forbes Five Star rating for its essential treatments, first-class service and lavish offerings. It is **Texas' only Forbes Five Star rated spa** and one of only 31 in the nation to receive this coveted award.

“Being the only Forbes Five Star spa in the state is an incredible honor,” said Daisy Tepper, Spa Director at The Post Oak Hotel. “Tilman had a boundless vision for this spa and our team worked hard to deliver an over-the-top wellness menu with revolutionary experiences that reflected the diverse cultures of Houston.”

The 20,000-square-foot spa offers signature rituals and massages; body scrubs and facial treatments; exclusive products from Cinq Mondes, Aromatherapy Associates of London, and Jacqueline Piotaz; and the latest innovations in skincare techniques including the six-in-one In-Skin facial system that was only available in Los Angeles until now.

The Spa has received glowing reviews from Houstonians and hotel guests for its couple's suite with sumptuous en-suite bathtub and shower; tranquility pools with body-contouring hot stoned daybeds; aromatherapy-infused steam rooms; crushed ice fountain experience; multi-sensory thermal showers; and quiet lounges with zero gravity chairs.

Since opening in March 2018, Tilman Fertitta's ultra-luxe hotel has received numerous accolades becoming Houston's only AAA Five-Diamond hotel, as well as its posh Bloom and Bee restaurant receiving the AAA Four-Diamond award. *New York Times*, *U.S. News & World Report*, *Condé Nast Traveler*, *Forbes*, and CNN have listed The Post Oak Hotel as a place to visit in 2019. It is an unrivaled property, serving as a glittering beacon of Houston's standing as a key destination in the Southwest.

To make reservations at The Spa, please contact 346.227.5142 or email spa@thepostoak.com. For more information, please visit www.thepostoak.com.

ABOUT THE POST OAK HOTEL AT UPTOWN HOUSTON

Houston's only AAA Five-Diamond hotel, The Post Oak Hotel at Uptown Houston, is Houston's newest destination for the discerning traveler. Set on 10 oak-studded acres, the sleek 38-story tower boasts 250 ultra-modern guestrooms and suites; 20 executive residences; and an elegant 35,000-square-foot conference facility, including the largest ballroom in Uptown Houston. Located mere steps from The Galleria and River Oaks District, The Post Oak Hotel caters to business and leisure travelers alike with lavish accommodations, five-fixture deluxe bathrooms, three televisions, sophisticated technology, and unobstructed views. While the standard guestroom offers over 500 square feet of luxurious and abundant living space, the immense 5,000 square-foot, two-bedroom Presidential Suite is the most opulent of them all and serves as Houston's unmatched, ultra-luxurious suite offering extra concealment and discretion with private elevator access, media room, exercise room and secluded terrace.

Unique amenities include a two-story Rolls-Royce showroom and on-site Bentley and Bugatti Post Oak Motors dealership, as well as six restaurants and bars throughout the hotel with dining choices from sophisticated cuisine in Bloom & Bee and exotic libations at H Bar to pub-style fare at Craft F&B and fresh-baked pastries at Bouchée Patisserie. Also on property is celebrity acclaimed and Texas' first Mastro's Steakhouse, as well as Willie G's Seafood, a Houston institution with an amazing raw bar and seafood favorites. A multi-million-dollar modern art collection with pieces by Frank Stella, Alex Katz, Robert Motherwell, Donald Sultan, Joseph Glasco, and Howard Hodgkin are strategically placed throughout the hotel, giving it a museum-quality feel. The Cellar, the hotel's expansive wine collection with over 30,000 bottles, offers guests and restaurant patrons access to more than \$3 million of the world's finest wines including vintages dating back to the 1800's. The Spa is Texas' only Forbes Five Star rated spa and is one of only 31 in the nation to receive this prestigious honor. The 20,000-square-foot urban oasis features signature treatments and rituals, tranquility pools; aromatherapy-infused steam rooms; detoxifying high temperature, low humidity saunas; multi-sensory thermal showers; state-of-the-art Technogym fitness center; and quiet lounges with zero gravity chairs. Additional offerings for an effortless experience include the indulgent Post Oak Salon, and the hotel's fashion-forward boutique, 29° North. The Post Oak Hotel is also among 41 properties in the nation honored in the Preferred Hotels & Resorts Legends Collection, receiving the brand's top-level accreditation for its high-quality standards and unparalleled service. To make a hotel reservation, please call 844.386.1600 or visit www.thepostoak.com.

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